



April/May 2008

From the Farmers' Market

## 2008 Conference

### MARK YOUR CALENDARS

**WHO:** NAFMNP Members & Guests  
**WHERE:** Riverview Plaza Hotel  
**WHEN:** October 7 – 11, 2008

### Board of Directors

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### Executive Director

**Phil Blalock**

**Alexandria, Virginia**

Join us in Mobile, AL for the 2008 NAFMNP Conference at the Riverview Plaza Hotel. The hotel offers reasonably priced rooms, convenient access to the Mobile area and excellent meeting accommodations. For more information about the hotel, visit the website at [ww.marriott.com](http://www.marriott.com).

The conference will start on October 8th with registration, Board meeting, FMNPs training/orientation and a reception. Speakers, break-out sessions, Board/Regional meetings, and great networking will take place Thursday and Friday with a visit to the market on Saturday morning. Look for more information in the near future!

We look forward to working together, having a great time, and enjoying all the best Alabama has to offer.

NAFMNP ANNUAL CONFERENCE

2008 NAFMNP Annual Conference  
Mobile, Alabama  
Riverview Plaza Hotel  
1-251-438-1000  
October 7 - 11, 2008

For more information about the hotel,  
visit the website at [www.marriott.com](http://www.marriott.com).

### Save The Date 2008 NAFMNP ANNUAL CONFERENCE

Mark your calendars! The 2008 NAFMNP Annual Meeting and Conference will be held in Mobile, Alabama October 7 - 11, 2008.



*We hope to see you in Mobile, AL in 2008 for a great time and a productive Conference!*

## From the Executive Director



Hi Folks!

It is hard to believe that it is already time for the FMNPs to begin. I know many of you have already started your season and I hope that is going smoothly so far. If you are gearing up for your season, I wish you luck. It seems like the first few months are always the hardest.

As you prepare for your season, please remember our growing partner campaign. This is an excellent opportunity to network with your farmers and encourage them to join the association for \$10. It is also a great opportunity for farmers to see what all we are doing on their behalf. All the information is located on the NAFMNP website at [www.nafmnp.org](http://www.nafmnp.org).

Our conference planning committee is well into their preparation for what appears to be a great conference. There's a lot going on this year, which means there will be a lot to discuss. Registration will be up on the website on or before July 1. Also, in the very near future we will be sending out a conference information sheet that will help you begin your travel preparations.

As if planning one conference wasn't enough, we have already begun preparation for the 2009 conference

### GoodSearch

By using GoodSearch.com, powered by Yahoo!, as your search engine you can help raise money for the Association, about one penny every time you search the internet.

Just go to [www.goodsearch.com](http://www.goodsearch.com) or make it your homepage. Be sure to

which will be held in Atlantic City, NJ. Dorothy Ngumezi will be hosting the conference.

Now on to the question that is on everyone's mind, what about the Farm Bill? The Farm Bill conference negotiations are focusing on financing and tax changes for farmers. Everything else appears to be worked out with the exception of disaster and the affect it would have on Title One. I am not able to say with any certainty if our additional dollars will be in the Bill. I feel hopeful that our efforts over the past year on the hill have been successful. As for now, I can pass along that in the next couple of weeks the Farm Bill will be passed or we will have permanent law for a year. Either way, something should be out pretty soon.

Right now there is not really anything happening on appropriations. As you are certainly aware, food costs are on the rise across the country. Due to this increase the budget remains tight.

I wish you good luck as your 2008 begins!

Let us know of any way the national office can serve you.

*Phil Block*

enter NAFMNP as the charity you want to support.

Thank you to all of those who have used and continue to use GoodSearch.com as your daily internet search engine. Your support of the NAFMNP is appreciated!



**This NAFMNP handout is available to all NAFMNP members. It is a great tool for educating all potential growing partner members.**

**Printed copies can be mailed or downloaded from the web-site at [www.nafmnp.org](http://www.nafmnp.org)**

## Mobile Area Attractions

### Attractions:

USS Alabama  
2703 Battleship Parkway  
Mobile, AL 36602  
800-426-4929  
[www.ussalabama.com](http://www.ussalabama.com)

Bellingrath Gardens  
12401 Bellingrath Gardens Road  
Theodore, AL 36852  
800-247-8420  
[www.bellingrath.org](http://www.bellingrath.org)

The Gulf Coast Exploreum & IMAX  
111 South Royal St.  
Mobile, AL 36602  
877-625-4FUN  
[www.exploreum.com](http://www.exploreum.com)

Historic Magnolia Cemetery  
1202 Virginia St.  
Mobile, AL 36604  
251-432-8672  
[www.magnoliacemetery.com](http://www.magnoliacemetery.com)

Kirk House & Gardens  
11525 Hwy. 43 N  
Axis, AL 36505  
251-675-4605  
[www.kirkgarden.com](http://www.kirkgarden.com)

Mobile Bay Ferry  
918 -B Bienville Blvd.  
Dauphin Island, AL 36528  
251-861-3000  
[www.mobilebayferry.com](http://www.mobilebayferry.com)

Mobile Botanical Gardens  
5151 Museum Dr.  
Mobile, AL 36608  
251-342-0555  
[www.mobilebotanicalgardens.org](http://www.mobilebotanicalgardens.org)

The Mobile Zoo  
15161 Ward Rd. W.  
Wilmer, AL 36587  
251-649-1845  
[www.mobilezoo.cc](http://www.mobilezoo.cc)

### Dinning:

Riverview Café and Grill  
64 Water St.  
Mobile, AL 36602

MostlyMuffins  
105 Dauphin St.  
Mobile, AL 36602  
251-433-9855

Little Kitchen  
102 Dauphin St.  
Mobile, AL 36602  
251-438-6176

Café 615  
615 Dauphin St.  
Mobile, AL 36602  
251-432-8434  
[www.cafe615.com](http://www.cafe615.com)

Downtowners  
107 Dauphin St.  
Mobile, AL 36602  
251-433-8868

China House  
966 Government St.  
Mobile, AL 36604  
251-433-6988

Bakery Café  
1104 Dauphin St.  
Mobile, AL 36604  
251-433-2253

Captain's Table  
2701 Battleship Pky  
Mobile, AL 36602  
251-433-3790

Wintzell's Oyster House  
605 Dauphin St.  
Mobile, AL 36602  
251-432-4605  
[www.wintzellsoysterhouse.com](http://www.wintzellsoysterhouse.com)

### Shopping:

Bel Air Mall  
3299 Bel Air Mall  
Mobile, AL 36606  
251-478-1893  
[www.shopatbelairmall.com](http://www.shopatbelairmall.com)

Tanger Outlet Center  
2601 S. McKenzie St., Suite 466  
Foley, AL 36535  
866-665-8678  
[www.tangeroutlet.com](http://www.tangeroutlet.com)

Cotton City Antique Mall  
2012 Airport Blvd.  
Mobile, AL 36606  
251-479-9747

Tanner's Pecans and Candy  
10 Springdale Blvd.  
Mobile, AL 36606  
800-635-3651  
[www.tannerspecan.com](http://www.tannerspecan.com)

Gourmet Gallery  
6808 Airport Blvd., Suite E  
Mobile, AL 36608  
866-631-9463  
[www.gourmetgallerys.com](http://www.gourmetgallerys.com)

Mary Parker Antiques  
418 Dauphin Island Parkway  
Mobile, AL 36606  
251-473-9227  
[www.realpagesites.com/maryparker](http://www.realpagesites.com/maryparker)

Mrs. Wheat's Treats  
154 S. Florida St.  
Mobile, AL 36606  
888-4TR-EATS  
[www.mrs wheatstreats.com](http://www.mrs wheatstreats.com)

For more information on area attractions and information, visit the following websites:  
[www.cityofmobile.org](http://www.cityofmobile.org)  
[www.mobile.org](http://www.mobile.org)  
[www.mariott.com](http://www.mariott.com)  
[www.mobilechamber.or](http://www.mobilechamber.or)

## National Association of Farmers' Market Nutrition Programs

PO Box 9080  
Alexandria, VA 22304

Phone: 703-837-0451  
Fax: 703-837-9304  
E-mail: phil@triangleassociatesinc.com

Check out our website!

[www.nafmnp.org](http://www.nafmnp.org)



The National Association of Farmers' Market Nutrition Programs (NAFMNP) is a non-profit corporation founded in 1992. It is the nation's only organization that links the USDA, states and territories, the District of Columbia, Indian Tribal Organizations, local fruit and vegetable growers, families, and community members in a common effort to support the local economy and improve the health of families.

The NAFMNP is dedicated to Cultivating Opportunities for Consumers to Buy Fresh Produce from Local Producers.

## Tropical Chicken

### Ingredients:

3/4 cup Apricot Preserves  
3/4 cup plain low-fat yogurt  
1 tablespoon shredded coconut  
2 teaspoons finely chopped pickled jalapeno peppers  
1/4 teaspoon ground coriander  
1 pound boneless skinless chicken breast halves (4 oz. each)  
1/4 teaspoon salt  
1 cup plain dry bread crumbs  
PAM for Grilling Spray



### Instructions:

1. Combine preserves, yogurt, coconut, peppers and coriander in medium bowl. Remove half of the preserves mixture; place in small bowl. Set aside for serving with chicken.
2. Place chicken between 2 sheets of waxed paper; pound to 1/2 inch thickness with meat mallet. Sprinkle evenly with salt. Dip into remaining preserves mixture, then in bread crumbs, turning to evenly coat both side of each chicken piece. Spray evenly with grilling spray.
3. Spray large skillet with grilling spray; heat over medium-high heat 1 minute. Add chicken; cook 3 to 4 minutes on each side, or until chicken is browned on both sides, no longer pink in centers and juices run clear. Serve topped with reserved preserves mixture.

**Serving: 4 servings (1 chicken breast half each)**

### Nutrition Information:

383 calories; 6 g total fat; 73 mg cholesterol; 492 mg sodium; 51 g carbohydrate; 2 g fiber; 32 g protein